

August 2024 Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 8:00-4:00 Walking Path 9:00 Line Dance 9:30 Garden Club 12:30 Bridge 1:00 Mah-jongg 1:30 Cash Bingo	2 8:00-4:00 Walking Path 10:15 Sr. Exercise 11:00 Ukulele 11:00 Women's Billiards 1:00 Lowell Center Writers 1:00 Sheepshead	3
4	5 8:00-4:00 Walking Path 9:30 Cardio Drum	6 8:00-4:00 Walking Path 8:30 Resist Chairs 9:30 Made By Hand 10:15 Sr. Exercise 12:30 Hand n' Foot 1:00 Mah-jongg 1:00 Senior Sing-Along at Lowell Ctr	7 8:00-4:00 Walking Path 9:30 Cardio Drum 10:00 Rummikub 1:00 Advanced Line Dance 1:00 Mini Golf – Newmans	8 8:00-4:00 Walking Path 9:00 Line Dance 9:00 WRASCA Board Meeting 12:30 Bridge 1:00 Mah-jongg 6:00 Kayak Float – Biron Launch	9 8:00-4:00 Walking Path 10:15 Sr. Exercise 10:30 Premier World Travel Show 11:00 Ukulele 11:00 Women's Billiards 1:00 Sheepshead	10
11	12 8:00-4:00 Walking Path 9:30 Cardio Drum	13 8:00-4:00 Walking Path 8:30 Resist Chairs 9:30 Coffee with The Mayor 9:30 Made By Hand 10:15 Sr. Exercise 12:30 Hand n' Foot 1:00 Mah-jongg 2:00 Senior Sing-Along at Renaissance Election Day	14 8:00-4:00 Walking Path 9:30 Cardio Drum 11:00 Wood Trust Presentation 1:00 Advanced Line Dance	15 8:00-4:00 Walking Path 9:00 Line Dance 9:30 Garden Club 12:30 Bridge 1:00 Mah-jongg 1:30 Cash Bingo	16 8:00-4:00 Walking Path 10:15 Sr. Exercise 11:00 Ukulele 11:00 Women's Billiards 1:00 Lowell Center Writers 1:00 Sheepshead	17
18	19 8:00-4:00 Walking Path 9:30 Cardio Drum	20 8:00-4:00 Walking Path 8:30 Resist Chairs 9:30 Made By Hand 10:15 Sr. Exercise 12:30 Hand n' Foot 1:00 Mah-jongg 2:00 Senior Sing-Along at Arborwood Lodge	21 8:00-4:00 Walking Path 9:30 Cardio Drum 10:00 Rummikub 1:00 Advanced Line Dance National Senior Citizen Day	22 8:00-4:00 Walking Path 9:00 Line Dance 12:30 Bridge 1:00 Mah-jongg 1:00 Silver Cinema - "Ride On"	23 8:00-4:00 Walking Path 10:15 Sr. Exercise 11:00 Ukulele 11:00 Women's Billiards 1:00 Sheepshead	24
25	26 8:00-4:00 Walking Path 9:30 Cardio Drum 10:30 Card Workshop 1:30 Book Club "Pineapple Street"	27 8:00-4:00 Walking Path 8:30 Resist Chairs 9:30 Made By Hand 10:15 Sr. Exercise 12:30 Hand n' Foot 1:00 Mah-jongg 2:00 Senior Sing-Along at Edenbrook	28 8:00-4:00 Walking Path 9:30 Cardio Drum 1:00 Advanced Line Dance	29 8:00-4:00 Walking Path 8:30 Brewers Bus Trip Departs 9:00 Line Dance 12:30 Bridge 1:00 Mah-jongg	30 8:00-4:00 Walking Path 10:15 Sr. Exercise 11:00 Ukulele 11:00 Women's Billiards 1:00 Sheepshead	31